

MINUTES OF A MEETING OF HEALTH, WELLBEING AND YOUTH COMMITTEE
Held in the Council Chamber, Council Offices at 7.00pm on Monday 17th April 2023

PRESENT:

Councillors: Z Baker, (Chair), I Watson (Vice Chair), S Hirst, R Smith, P Coleman. N Ind.

Officer: A Payne (Health, Wellbeing and Youth Co-ordinator)

HWY01. 04/23 Apologies for absence:

Apologies received from Cllr T Walsh

HWY02. 04/23 Public consultation:

None

HWY03. 04/23 Declarations of Interest:

None

HWY04. 04/23 To approve the Minutes of Health, Wellbeing and Youth meeting held on Monday 20th March 2023:

Proposed Cllr Z Baker and seconded by Cllr R Smith to approve the minutes of the meeting held on Monday 20th March 2023

Voting Record:	For – 5	Against – 0	Abstentions – 1	Absent -1
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HWY05. 04/23 To note Action Plan updates:

Recreation Shelter Rec Tetbury Area and Youth Community Trust will discuss with the youth over the next few months to find out if a shelter is what they would still like.

Health, Wellbeing and Youth Event 2023 It was agreed that this event will go ahead on the 30th July 2023. Correspondence has been sent out to the organisations and positive responses have been received.

Meeting of the 2 Councils Cllr Watson contacted Sir William Romneys School (SWR) regarding arranging another meeting date and it was proposed by the SWR that this to take place in the Autumn Term.

Correspondence – Shopmobility Would like Tetbury Town Council to take over the running of the charity. TTC would like information regarding liability insurance and maintenance.

HWY06. 04/23 To note Budget to date:

Information unavailable

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HWY07. 04/23 To receive a report from Health and Wellbeing Co-ordinator

The Friendship Café has had lots of activities throughout the month from bingo to an art and calligraphy lesson, general knowledge quiz - which tested the brain skills, to making some beautiful dragonfly necklaces. For Easter week we were fortunate to have the Senior Education Manager from the Princes Trust Foundation join us, who led a craft session and the children who came, drew some great Easter pictures, and were presented an Easter egg from the Easter bunny.

We are hoping to bring digital inclusion to the Friendship Café and are currently in discussion with Gloucestershire Rural Community Council (GRCC) who can provide us with a laptop and dongle. We hope to have this in place over the next few months and feel this will be a great asset.

Upcoming Events

27 th April	Fit Kit – Kate Holland Community Support Officer (Physical Activity) Cotswold District Council PCSO – Edmund Maina Art Session – Allan Norwood
4 th May	Coronation Celebration – Kasia Princes Trust & A Royal Quiz
11 th May	Singing for the Brain – Ann Cox
18 th May	TBC
25 th May	Art and Calligraphy – Allan Norwood

HWY08. 04/23 Verbal update on Digital Technology Course for Older People

Digital Technology Course for Older People will be a 12-week course led by Adult Education with one tutor and four volunteers. Each session will teach new skills from how to keep yourself safe online, how to do online mobile banking and how to keep in touch with messaging, phone calls and video calls. Details are being finalised and hoping for this to start in May.

HWY09. 04/23 To receive a report from Health, Wellbeing and Youth Working Group:

No update given as the group had not yet met.

HWY10. 04/23 To discuss and approve purchase of Fit Kit

The Community Fit Kit is a basic start-up kit and includes yoga mats, kettlebells and resistance bands and a 'how to' demonstration card along with a chair workout plan for those less mobile. There is also information available about healthy eating and nutrition for those who are looking to improve their lifestyle.

Proposed Cllr S Hirst and seconded by Cllr I Watson to approve the purchase of the Fit Kit at a cost of £98.00.

Voting Record:	For – 6	Against – 0	Abstentions – 0	Absent -1
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**HWY11. 04/23 Verbal update on regarding Health, Wellbeing & Youth Event 2023
Celebration of Tetbury:**

Cllr N Ind gave a verbal update on the Health & Wellbeing Event to be held in the Dolphins Recreation Ground on the afternoon of Sunday 30th July and to be a celebration of Tetbury showcasing organisations, groups and services who can support Tetbury residents of all ages to improve their Health & Wellbeing. A resident of the town has created Carnival Group who are planning on a procession from the Chipping car park making their down Long Street and finishing at the Recreation Ground. The theme of the procession will be Health and Wellbeing.

HWY12. 04/23 To discuss adding wellbeing of staff in the committee remit:

After concern of the wellbeing of Tetbury Town Council staff it was discussed, what support can be put in place. It was decided that this will be taken to the next the Full Council meeting on Monday 24th April 2023.

HWY13. 04/23 Correspondence Received:

Correspondence received to all Councillors regarding a wellbeing project based on poetry.

HWY14. 04/23 Councillors Reports:

Cllr I Watson advised that Hubbub have new funding to expand community fridges into food hubs. Grants of up to £7000 are available for exciting community fridges and the grants are supported by Starbucks 5p cup charge.

Cllr I Watson confirmed that our Community Fridge is now registered on the Feeding Gloucestershire - Community Food Support Map.

Cllr Z Baker and Cllr N Ind expressed thanks to Cllr S Hirst for all his support and extensive knowledge he has given the committee throughout his time on the Health, Wellbeing and Youth committee.

HWY15. 04/23 Items for next Agenda:

To invite a representative from the Carnival Committee to attend our next meeting.

HWY16. 04/23 Time and date of the next Meeting Monday 12th June 2023 at 7pm:

Noted.

The Meeting closed at 20:25

Chair

Date